MARCH 2024

Oxford City Schools – Pre-K – 8th Grade





Meals must have 3 out of 5 components offered-including 1 fruit or vegetable!

Assorted Fresh Fruit and Milk offered with every meal!



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

ANYT!MERS or a Deli Sandwich are offered as an additional options each dav!



MONDAY

TUESDAY

THURSDAY

Additional items are sold

each day for a la carte. Students can purchase extra entrees and other items if they have money in their lunch account.





Green Eggs & Ham Biscuit

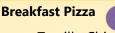
Dill-icious Chicken Sandwich Baked Beans and Lemo Pepper Broccoli Fresh Fruit Salad

Cinnamon Roll





Crispitos w. Salsa & Sour Cream **Assorted Fresh Fruit Churro Chips**



Wings w. Tortilla Chips Cauliflower and Baby Carrots w. Ranch **Assorted Fresh Fruit**

Wing Flavors: Boneless, Traditional and Hot



Breaded Cheese Sticks w. Marinara Sauce Side Salad and Buttery Corn Pears



Waffles & String Cheese

Cheeseburger Crinkle Fries and Baked Beans **Berry Lemon Sorbet**

Pancakes

Beefy Nachos w. Queso Cheese, Salsa & Sour Cream Butter Corn and Pinto Beans **Peaches**

Assorted Biscuit

Chicken and Vegetable Dumplings w. Eggroll Mixed Veggies

Mandarin Oranges Dessert: Fortune Cookie

Assorted Cereal Bar 14 & String Cheese

Pepperoni Pizza Buttery Corn and Salad **Applesauce**

Cinnamon Roll

Dill-icious Chicken Bites Sweet Potato Fries Fruity Jell-O **Dessert: Chocolate Filled** Cookie

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MARCH 18-22

Mini Cinnis



Eggs w. Sausage & Cinnamon Roll Tater Tots and Juice Slush **Fruit Cocktail**

Croissant

Burritos Refried Beans

Pancakes



Assorted Cereal Bar & Cheese Cubes 28

Stuffed Crust Pizza **Buttery Corn and**

Bagel

Chicken Bites w. Roll **Sweet Potato Fries** Pears

MARCH 2024

Oxford City Schools – 9th – 12th Grade





Meals must have 3 out of 5 components offered-including 1 fruit or vegetable!

Assorted Fresh Fruit and Milk offered with every meal!

March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

ANYT!MERS or a Deli Sandwich are offered as an additional options each day!



MONDAY

TUESDAY

THURSDAY

Green Eggs & Ham Biscuit

Dill-icious Chicken Sandwich Baked Beans and Lemo Pepper Broccoli



Additional items are sold each day for a la carte. **Students can purchase** extra entrees and other items if they have money in their lunch account.





Chicken & Waffles Tater Tots and Juice Slush Peaches

Waffles & String Cheese

Cheeseburger Crinkle Fries and Baked Beans **Berry Lemon Sorbet**

Assorted Biscuits



Crispitos w. Salsa & Sour Cream **Assorted Fresh Fruit Churro Chips**

Pancakes



Beefy Nachos w. Quéso Cheese, Salsa & Sour Cream **Butter Corn and Pinto Beans Peaches**

Breakfast Pizza



Assorted Fresh Fruit

Wing Flavors: Boneless, Traditional and

Assorted Biscuit 13



Chicken and Vegetable Dumplings w. Eggroll Mixed Veggies **Mandarin Oranges**

Dessert: Fortune Cookie

Assorted Cereal & String Cheese

Breaded Cheese Sticks w. Marinara Sauce Side Salad and Buttery Corn Pears

Dessert: Triple Chocolate Cookie

Assorted Cereal Bar 14 & String Cheese

Pepperoni Pizza **Buttery Corn and Salad** Applesauce



Cinnamon Roll



Dill-icious Chicken Bites French Fries Fruity Jell-O **Dessert: Triple Chocolate** Cookie



MARCH 18-22

Mini Cinnis



Eggs w. Sausage & Cinnamon Roll Tater Tots and Juice Slush **Fruit Cocktail**

Croissant



Burritos Salsa & Sour Cream Refried Beans and Side Salad w. Ranch Dressing Peaches

Pancakes



BBO Sandwich Baked Beans and Side Salad w. Ranch Dressing Fruity Jell-O

Assorted Cereal Bar & Cheese Cubes 28

Stuffed Crust Pizza **Buttery Corn and** Mixed Vegetables Pears

Dessert: Brownie

Bagel



Chicken Bites w. Roll Sweet Potato Fries and Side Salad w. Ranch Dressing **Pears**